

ADIYAMAN UNIVERSITY FACULTY OF SCIENCE AND LETTERS DEPARTMENT OF PSYCHOLOGY

BROCHURE

2025 - 2026

2006

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2006

Department of Psychology

The Department of Psychology has commenced teaching and educational activities at undergraduate level, and continues its work in line with the mission, vision, core values and strategic objectives of our university.

We aim to train psychologists who will contribute to contemporary psychological science by producing knowledge based on scientific methods; conduct high-quality research at national and international levels; utilise psychological knowledge and skills for the benefit of society; adhere to ethical values; and possess high professional competence.

We aim to provide students with a well-rounded education in critical thinking, scientific enquiry and applied knowledge production. With its academic staff and up-to-date curriculum, the department continues to train competent individuals in the field of psychology.

The Department of Psychology's undergraduate programme at Adıyaman University consists of three main sections: compulsory courses, field-specific elective courses, and university-wide elective courses. To graduate, students must successfully complete a total of 240 ECTS credits, in addition to the amount specified for their year of enrolment in the course plan.

Academic Staff

Professor Mehmet Ali YILDIZ (Department Head)

Asst. Prof. Eylül Ceren DEMİR

Asst. Prof. Yunus Emre AYDIN

RA PhD. Ayşe Nur AKYÜZ

RA Gizem GEDİK

Department Secretary

Filiz ABACI KUTLU

Mission & Vision

Mission

We aim to train qualified psychologists who possess an investigative and entrepreneurial spirit, are inquisitive and participatory, and are dynamic and aware of their professional responsibilities. We want our students to uphold cultural values, think universally, contribute to science and the development of the country and the region, and realise their full potential.

Vision

To be a pioneering department that is open to technological innovations, entrepreneurial, and internationally competitive, guided by an education and training staff equipped with the knowledge, experience, and infrastructure required by the 21st century, to conduct creative and beneficial research at an international level in various fields that will leave a mark on human history, to train highly qualified psychologists for the future of the country, and to use the accumulated knowledge in the fields of research and education for the benefit of society.

The Importance of the Department of Psychology

As a fundamental discipline that scientifically examines human behaviour, emotions and thought processes, psychology plays a critical role in the healthy development of individuals and society. In today's world, the increasing prevalence of stress, rapid change, social crises, mental health issues and digitalisation has made the need for psychological expertise more apparent than ever.

Psychology education seeks to enhance understanding of the cognitive, emotional, social and biological processes that underlie human behaviour, and to develop scientific assessment and intervention skills in this area. Psychologists contribute to protecting and improving the mental health of society by working in various settings, including hospitals, mental health centres, judicial institutions, educational institutions, industrial and organisational structures, private counselling centres, social service units, and research institutions.

In this context, the Psychology Department offers a multifaceted academic programme that not only imparts theoretical knowledge, but also develops critical thinking, ethical practice, scientific research, human relations and professional responsibility. Those who study psychology gain a strong understanding of human behaviour and learn to communicate effectively in both their professional and personal lives. Therefore, psychology is a strategically important discipline that supports the well-being of individuals and society by combining scientific knowledge with practice.

Career Opportunities for Graduates

Graduates of the psychology degree programme have access to a wide range of employment opportunities thanks to the scientific knowledge and practical skills they have acquired regarding human behaviour and mental processes. Graduates can take on roles in various specialist areas in both public institutions and the private sector.

Psychology graduates can work in hospitals, mental health centres, psychiatry and psychotherapy centres, special education and rehabilitation centres, addiction centres, private clinics, education and counselling centres, judicial institutions, social service centres, penal institutions, family counselling centres, psychotechnical centres and research institutions. In addition, they play an active role in human resources management, employee satisfaction, and performance evaluation processes in the field of industrial and organisational psychology.

Following their undergraduate education, our graduates have the opportunity to specialise in subfields such as clinical, forensic, health, neuropsychology, developmental, social, educational and industrial-organisational psychology through master's and doctoral programmes. Furthermore, graduates pursuing an academic career continue to contribute to science through research and teaching.

Psychology graduates play a significant role in safeguarding and enhancing individuals' mental health, supporting the healthy functioning of organisations and contributing to the overall well-being of society.

Psychology Department Undergraduate Course Catalogue

1ST SEMESTER/AUTUMN							
CODE	COURSE NAME:	E/C	T	P	NC	ECTS	
PSİ101	Introduction to Psychology I	Compulsory	3	0	3	6	
PSİ103	Introduction to Sociology	Compulsory	3	0	3	6	
PSİ105	Introduction to Philosophy	Compulsory	3	0	3	6	
PSİ107	Social Anthropology	Compulsory	3	0	3	5	
TD101	Turkish Language I	Compulsory	2	0	2	2	
AİİT101	Atatürk Principles and Revolution	Compulsory	2	0	2	2	
YD101	History I	Compulsory	2	0	2	3	
V		_	Tot	al:	18	30	

	2ND TER	RM/SPRING				1
CODE	COURSE NAME:	E/C	T	P	NC	ECTS
PSİ102	Introduction to Psychology II	Compulsory	3	0	3	6
PSİ104	Physiological Psychology	Compulsory	3	0	3	6
PSİ106	Statistics in Social Sciences	Compulsory	3	0	3	6
PSİ108	Human Relations and Communication	Compulsory	3	0	3	5
TD102	Turkish Language II	Compulsory	2	0	2	2
AİİT102	Atatürk's Principles and Revolution History II	Compulsory	2	0	2	2
YD102	English II	Compulsory	2	0	2	3
Total: 18 30						

3rd TERM/AUTUMN							
CODE	COURSE NAME:	E/C	T	P	NC	ECTS	
PSİ201	Psychology of Learning	Compulsory	3	0	3	5	
PSİ203	Social Psychology I	Compulsory	3	0	3	5	
PSİ205	Developmental Psychology I	Compulsory	3	0	3	5	
PSİ207	Personality Theories	Compulsory	3	0	3	5	
PSİ209	Scientific Research Methods I	Compulsory	3	0	3	5	
ADS	Elective Outside the Field (1 course)	Elective	2	0	2	5	
		T	otal:	17	30		
	OUT-OF-FIELD	ELECTIVE ((OFE)				
ADS	Introduction to Scientific Thinking	Elective	2	0	2	5	
ADS	Art and Aesthetics	Elective	2	0	2	5	
ADS	Academic Writing Skills	Elective	2	0	2	3	
ADS	Career Planning	Elective	2	0	2	5	
ADS	Social Responsibility Projects	Elective	2	0	2	5	
ADS	Psychoanalysis and Literature	Elective	2	0	2	5	

4th TERM/SPRING							
CODE	COURSE NAME:	E/C	T	P	NC	ECTS	
PSİ202	Cognitive Psychology	Compulsory	3	0	3	5	
PSİ204	Social Psychology II	Compulsory	3	0	3	5	
PSİ206	Developmental Psychology II	Compulsory	3	0	3	5	
PSİ208	Scientific Research Methods II	Compulsory	3	0	3	5	
PSİ210	Measurement and Evaluation Methods in Psychology	Compulsory	3	0	3	5	
ADS	Elective Outside the Field (1 course)	Elective	2	0	2	5	
T			T	otal:	17	30	
1	OUT-OF-FIEI	LD ELECTIVE	(OFE)			1	
ADS							
	Introduction to Scientific Thinking	Elective	2	0	2	5	
ADS		Elective Elective	2	0	2	5	
	Thinking						
ADS	Thinking Art and Aesthetics	Elective	2	0	2	5	
ADS	Thinking Art and Aesthetics Academic Writing Skills	Elective Elective	2 2	0	2	5 3	

	5th SEMES	FER/AUTUM	N			
CODE	COURSE NAME:	E/C	Т	P	NC	ECTS
PSİ301	Psychopathology I	Compulsory	3	0	3	5
PSİ303	Psychotherapy Theories	Compulsory	3	0	3	5
PSİ305	Child and Adolescent Mental Health	Compulsory	3	0	3	5
PSİ307	Life Stages and Adjustment Problems	Compulsory	3	0	3	5
OSD	Common Elective Course	Elective	3	0	3	5
AİS	Field-Specific Elective Course (1 course to be selected)	Elective	2	0	2	5
4			T	otal:	16	30
V	COMMON ELECT	TIVE COURS	E (CE(C)		0,
OSD	One of the elective courses offered during the current term will be selected.	Elective	3	0	3	5
	5th SEMESTER E	LECTIVE CO	OURSE	S		
PSİ309	Psychology and Cinema	Elective	2	0	2	3
PSİ311	Special Education	Elective	2	0	2	3
PSİ313	Positive Psychology	Elective	2	0	2	3
PSİ315	Emotion and Emotion Regulation	Elective	2	0	2	3
PSİ317	Psychology and Artificial Intelligence	Elective	2	0	2	3
PSİ319	Self and Attachment Psychology	Elective	2	0	2	3
PSİ321	School Psychology	Elective	2	0	2	3
PSİ323	Industrial and Organisational Psychology	Elective	2	0	2	3
PSİ325	Disaster and Trauma Psychology	Elective	2	0	2	3
PSİ327	Culture and Psychology	Elective	2	0	2	3
PSİ329	Attitudes and Attitude Change	Elective	2	0	2	3
PSİ330	Psychoanalytic Theories: From Freud to the Present Day	Elective	2	0	2	3

6th SEMESTER/SPRING							
CODE	COURSE NAME:	E/C	T	P	NC	ECTS	
PSİ304	Psychopathology II	Compulsory	3	0	3	6	
PSİ306	Psychological Test Applications	Compulsory	1	3	4	5	
PSİ308	Psychological Counselling Principles and Techniques	Compulsory	3	0	3	5	
AİS	Field-Specific Elective (2 courses)	Elective	6	0	6	10	
OSD	Common Elective Course	Elective	3	0	3	5	
			To	otal:	19	31	
	COMMON ELECT	IVE COURSI	E (CEC	5)			
OSD	One of the elective courses offered during the current term will be selected.	Elective	3	0	3	5	
	6th SEMESTER EI	LECTIVE CO	URSE	S			
PSİ312	Psychodynamic Psychology	Elective	2	0	2	3	
PSİ314	Migration Psychology	Elective	2	0	2	3	
PSİ316	Social Gender	Elective	2	0	2	3	
PSİ318	Neuropsychology	Elective	2	0	2	3	
PSİ320	Coping with Stress	Elective	2	0	2	3	
PSİ322	Children's Rights and Family Education	Elective	2	0	2	3	
PSİ324	Political Psychology	Elective	2	0	2	3	
PSİ326	Sexual Health Education	Elective	2	0	2	3	
PSİ328	Divorce Process and Adjustment to Life	Elective	2	0	2	3	
PSİ330	Industrial and Organisational Psychology Applications	Elective	1	1	2	3	
PSİ332	Adult and Gerontological Psychology	Elective	2	0	2	3	
PSİ334	Couples and Family Therapy	Elective	2	0	2	3	
PSİ336	Experimental Psychology	Elective	2	0	2	3	
PSİ338	Close Relationships	Elective	2	0	2	3	
PSİ339	Lacanian Psychoanalysis	Elective	2	0	2	3	

	MI	JNI				
	7th SEMES	FER/AUTUM	N	K.	^	
CODE	COURSE NAME:	E/C	T	P	NC	ECTS
PSİ401	Internship	Compulsory	2	4	4	6
PNIAIIS	Principles and Techniques of Group Therapy	Compulsory	3	0	3	5
AİS	Elective within the field (4 courses to be selected)	Elective	8	0	8	20
J			T	otal:	15	31
	7th SEMESTER EI	LECTIVE CO	OURSE	S		
PSİ407	Forensic and Criminal Psychology	Elective	2	0	2	3
PSİ409	Cognitive Behavioural Therapy	Elective	3	0	3	4
PSİ411	Juvenile Delinquency and Psychology	Elective	2	0	2	3
PSİ413	Play Therapy	Elective	2	0	2	3
PSİ415	Psychopharmacology	Elective	2	0	2	3
PSİ417	Environmental Psychology	Elective	2	0	2	3
PSİ419	Media Psychology	Elective	2	0	2	3
PSİ421	Trauma and Grief Therapy	Elective	3	0	3	4
PSİ423	Child Neglect and Abuse	Elective	2	0	2	3
PSİ425	Professional English I	Elective	2	0	2	3
PSİ427	Psychodrama	Elective	2	0	2	3
PSİ429	Current Topics in Psychology	Elective	2	0	2	3
PSİ431	Behavioural Addictions and Interventions	d Elective	3	0	3	3
PSİ433	Health Psychology	Elective	2	0	2	3
PSİ435	History of Psychology	Elective	2	0	2	3
PSİ437	Online Psychological Applications	Elective	1	2	2	3
PSİ438	Psychoanalytically Oriented Interviewing and Observation Techniques	Elective	1	2	2	3
PSİ439	Contemporary Psychoanalytic Approaches	Elective	2	0	2	3

	MAA	UN	il	1		
	8th SEME	STER/SPRIN(3			
CODE	COURSE NAME:	E/C	T	P	NC	ECTS
PSİ402	Psychological Applications in the Field	Compulsory	2	4	6	9
PSİ404	Clinical Interviewing Skills	Elective	3	0	3	6
AİS	Electives within the field (3 courses to be selected)	Elective	6	0	6	15
				Total:	15	30

8th SEMESTER ELECTIVE COURSES

PSİ406	Career Counselling	Elective	2	0	2	3
PSİ408	Consumer Psychology	Elective	2	0	2	3
PSİ410	Applied Clinical Psychology	Elective	2	2	2	4
PSİ412	Applied Social Psychology	Elective	2	2	2	3
PSİ414	Substance Abuse and Interventions	Elective	3	0	3	3
PSİ416	Traffic Psychology	Elective	2	0	2	3
PSİ418	Peer Relationships and Bullying	Elective	2	0	2	3
PSİ420	Pre-Marital Psychological Counselling	Elective	2	0	2	3
PSİ422	Professional English II	Elective	2	0	2	3
PSİ424	Sports Psychology	Elective	2	0	2	3
PSİ426	Rehabilitation Counselling	Elective	2	0	2	3
PSİ428	Cross-Cultural Psychology	Elective	2	0	2	3
PSİ430	Individual Therapy Applications	Elective	1	2	3	3
PSİ432	Motivational Interviewing Techniques	Elective	2	0	2	3
PSİ434	Virtual Reality and Psychology	Elective	2	0	2	3
PSİ436	Cognitive and Behavioural Therapy in Children and Adolescents	Elective	2	0	2	3
PSİ440	Grief, Trauma and Memory in Psychoanalytic Theory	Elective	2	0	2	3
PSİ441	Child and Adolescent Psychoanalysis	Elective	2	0	2	3

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